

Lateral Compression Type-1 Fracture Fixation in the Elderly



Trial Newsletter: Issue No. 2, February 2020

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Dear L1FE Sites,

We are the L1FE Trial Team at the University of York, and we are very happy to be working with you to carry out this important study. Our role is to coordinate and facilitate the delivery of the L1FE study, as well as the analysis and dissemination of the study's findings. Although we are part of a larger team at York Trials Unit, those of us who will be working directly with you are the Trial Manager (Liz Cook), Trial Coordinators (Camila Maturana and Dr. Joanne Laycock) and Trial Support Officer (Laura Doherty), pictured above.

We have enjoyed meeting many of you at our Site Initiation Visits to date, and we look forward to meeting more site teams in the near future to help further sites prepare to open for recruitment. Please do not hesitate to contact us if you have any questions or concerns.

With best wishes,

L1FE Trial Team

L1FE TRIAL TEAM AT YORK



Loving L1FE! Left to right: LC, CM, JL, LD



SITE SET-UP / RECRUITMENT UPDATE

Since our December newsletter, we have opened 4 new sites. There are now 11 open sites. Welcome to L1FE:

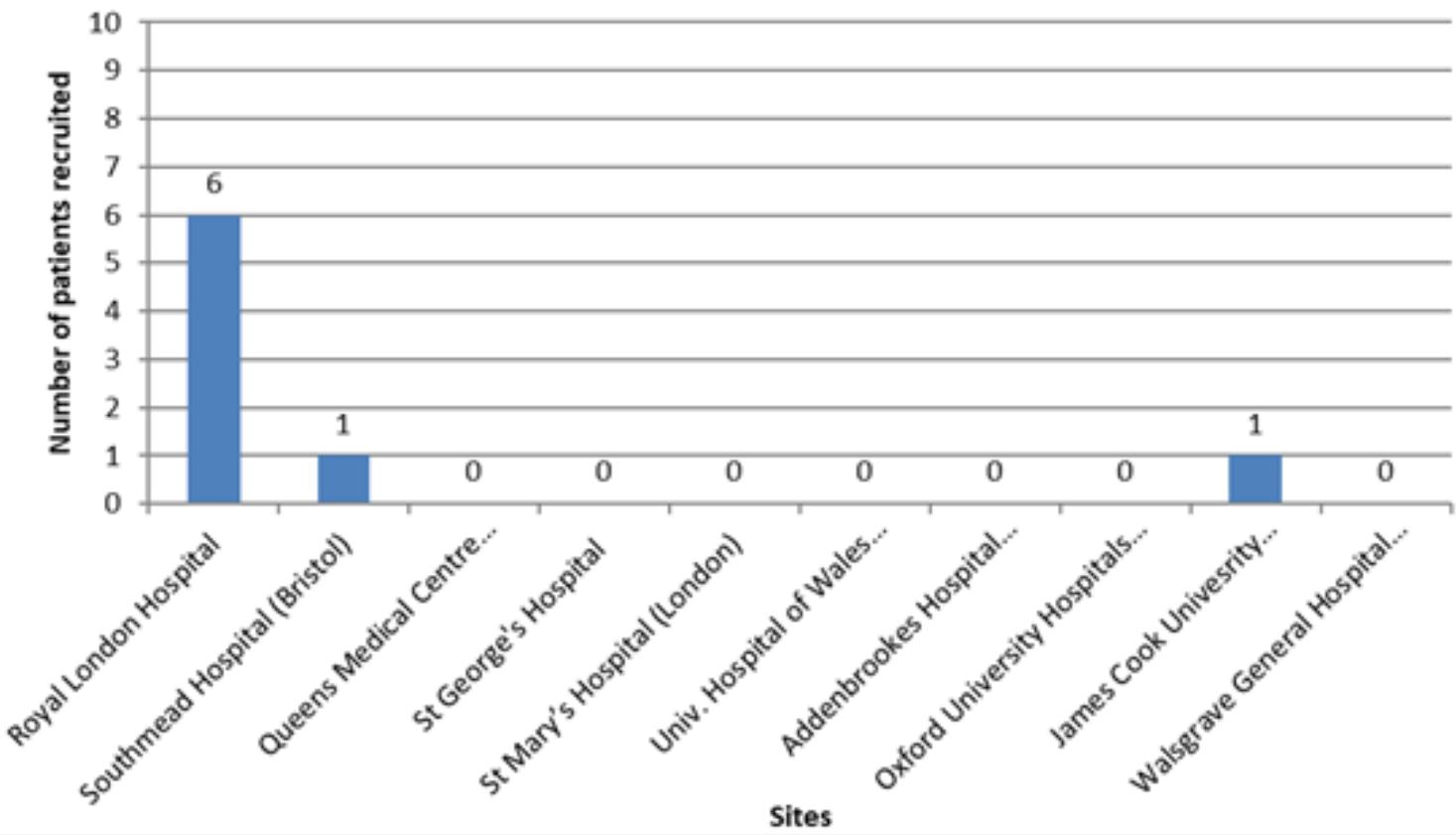
- **South Tees Hospital NHS Foundation Trust (James Cook University Hospital)**
- **Oxford University Hospitals NHS Foundation Trust (John Radcliffe Hospital)**
- **University Hospitals Coventry & Warwickshire NHS Trust (Walsgrave General Hospital)**
- **King's College Hospital NHS Foundation Trust (King's College Hospital)**

We have really enjoyed meeting the teams at each site during Site Initiation Visit (SIVs). We look forward to arranging SIVs at the following sites very soon:

- **Hull and East Yorkshire Hospitals NHS Trust (Hull Royal Infirmary)**
- **Leeds Teaching Hospitals NHS Trust (St. James' University Hospital)**
- **Aintree University Hospitals NHS Foundation Trust (University Hospital Aintree)**
- **University Hospital Southampton NHS Foundation Trust (Southampton General Hospital)**



Total Number of Patients Recruited by Site (in order of date set up)



Congratulations to **James Cook University Hospital** and **The Royal London Hospital** for being our joint top recruiters of the month! 2 further participants have been recruited in January and we have a total of 8 study participants.

A big **THANK YOU** to the team at **The Royal London Hospital** for being the first to recruit 5 participants to L1FE. We hope you enjoyed the gift we sent you! All sites will receive a gift upon recruiting 5 participants to L1FE. Look out for these accomplishments being announced on Twitter (**@L1FE_Trial**) as well as the corresponding newsletter.

We would like to note that for various reasons we are behind on recruitment, which has been slow at all sites. However, we are working hard with staff at open sites, as well as sites we are hoping to open very soon, and we are confident that we will get back up to speed.

GERIATRICIAN INVOLVEMENT

We strongly encourage all sites to connect with geriatricians and/or orthogeriatricians and involve them in L1FE activities. Due to the wide range of patient pathways, links with these teams are vital to recruitment, as many patients with LC-1 fractures present under geriatrics.

ASSOCIATE PI SCHEME

L1FE is registered with the Associate PI (API) Scheme, an NIHR initiative which aims to develop junior doctors, nurses, and allied health professionals, giving them the opportunity to partake in surgical trial research and obtain recognition for it. We encourage all sites to engage with potential APIs and bring them onboard L1FE. To find out more about the API Scheme, please visit the link below or contact us.

<https://www.nihr.ac.uk/documents/associate-principal-investigator-pi-scheme/11694>

REVISED HOSPITAL FORMS

Due to feedback from site staff we have made a number of improvements to some of the forms being completed at various time points. We will soon be distributing new forms and letting you know of any changes you need to be aware of. Please look out for this!



RESEARCH ASSOCIATE DAY

Your feedback and insights are invaluable to us, particularly at this early stage of the trial. We will be inviting you to a Research Associate Day in March to speak to each other and us about your experiences with the L1FE study so far. We will make every effort to accommodate for convenient teleconference attendance by as many of you as possible, as we would really like to hear your thoughts and feedback. Please look out for more details in our next newsletter.

FRIENDLY REMINDERS: PLEASE DON'T FORGET TO...

- Screen all patients 60 or above with an LC-1 fracture, completing a Screening for Eligibility CRF for all patients screened, regardless of eligibility and consent outcome!
- Screen according to local patient pathways. In addition to screening from trauma lists and PACs, screen from the acute medical take, which should have the LC-1s that may have been admitted under medics/geriatrics
- Complete Screening Logs, including details of all patients screened (eligible, ineligible, consenting, no consent) and send to YTU regularly
- Give non-consenting eligible patients the option to complete a Patient Preference Form
- Update Delegation Logs and send them to YTU- only individuals listed on the delegation log can enter study data

FOLLOW US!

Please follow us for the latest recruitment achievements and other trial news!



@L1FE_Trial